

# Cookie Policy

## What are Cookies?

Cookies are small text files which are stored on your computer or device when you visit a website. Cookies enable the website to remember information about you and your preferences.

## How do we use them?

We use cookies for our content management system that is used to manage our website internally. These cookies are used to monitor the date of your last visit to our website and make sure you are shown the most up to date version of content. They also store form redirects and data useful to the system administrators who maintain our website.

We also use cookies to collect anonymous information that helps us understand visitors' browsing habits on our website and to produce statistical reports on our website activity. This information helps us to improve our services.

## How to control Cookies

You can manage restrictions on cookies via your web browser. The 'Help' functionality in your web browser should provide information on how to change these preferences.

Alternatively, you may wish to visit [www.aboutcookies.org](http://www.aboutcookies.org) where you can find comprehensive information on cookies and how to manage them.

To find out more about and to opt out of Google analytics tracking functionality, you should visit <https://developers.google.com/analytics/devguides/collection/analyticsjs/cookie-usage>